

# Grade 6 PSE Lesson

UWCSEA East - Created by Alexandria Wenzel

**Unit:** Positive Self

**Grade:** 6

**Duration:** 45 min

**Lesson Title:** Me and the Ladder of Inference

**Objective:** Students increase self-awareness to avoid making misguided judgments about others.

**Standard and Benchmarks:**

(PSE.1.PI.PSf.1.1\_G6) Describe how personal values, beliefs and attitudes contribute to a positive sense of self and emotional well-being. Elaborations - I can identify my personal values, beliefs and attitudes and respect that these may be different to others.

**Summary:** Students explore how their perspectives may lead to misguided beliefs about others using the Ladder of Inference. They become more aware of how misguided beliefs and assumptions are created, establish a self-awareness about this process, and identify tools to help avoid making inaccurate judgments in the future.

**Activities:** See activities outlined in [this presentation](#).

**Assessment:** Test students understanding using the “think” survey from Trevor Maber’s TED-ED lesson plan titled “Rethinking Thinking” [found here](#).

**Take Home Tasks:** Students share their answers from the task from the lesson with close friends or family and ask them to remind them when they see them climbing up their Ladder of Inference, and use this as a cue to stop, step back and examine what is going on.

**References:**

<http://ed.ted.com/lessons/rethinking-thinking-trevor-maber>

